





John's Saving Grace: Monadnock at Home

See How Your Support Helps Seniors Stay Connected and Avoid Isolation

John Dolan never misses a day of reading scriptures or praying the rosary. God has always come first for the 87-year-old, followed by family. But there is now a third pillar – one that is made possible through the generosity of people like you.

"Monadnock at Home," he says with a smile. "God, family and Monadnock at Home. Those are the three things that matter most to me."

Twenty years ago, John's wife, Carol, passed away. Though it was difficult, John's unwavering faith kept him going. He downsized to a cozy one-bedroom mobile home, with his cherished spot by the window for painting and a small backyard. There's nowhere else he'd rather be.

Recently, John began to experience the regular challenges of aging, facing the devastating reality that he could no longer drive. He found hope in Monadnock at Home, the Catholic Charities NH subscription-based program that connects seniors to social programs and a trusted network of service providers and volunteers for assistance with various needs. Members pay a modest annual fee for services, but generous donor contributions to our scholarship fund ensure that no one is turned away due to financial constraints.

John receives rides to doctor appointments, gets his groceries delivered, and can access pre-vetted professionals for help with home maintenance, whether it's fixing a faucet or repairing a refrigerator before the food spoils. For seniors like him, Monadnock at Home can be the difference in enabling them to continue independently in their homes while providing a sense of social connection that many of their situations lack.

"I don't know where I'd be without Monadnock at Home," says John. "They are truly life-savers."

Grateful to the donors who make each ride and smile possible, John reflects, 'When I ask the Lord for help, He sends his people – Monadnock at Home. They are my angels."

Journey to Hope

A New Hampshire Family's Narrow Escape from Homelessness

Scott's eyes filled with tears as he watched his kids jump on their beds, their faces lit with joy. It was a moment he feared would never come.

Just a few weeks prior, life was much different. Scott was clearing space in the family's minivan – not for a road trip, but to create a makeshift shelter for his family to sleep. Scott, his wife, and baby would squeeze into the front seats, while the older children huddled in the back for restless nights of sleep. But thanks to Catholic Charities supporters, it was a scenario that never unfolded.

Due to childcare challenges, Scott was a stay-at-home dad. Rebecca had a stable job, but had recently given birth. Her benefits only provided her with partial pay during maternity leave, drastically reducing the family's income. At the same time, their landlord raised the rent beyond what they could afford, despite their pleas.

Scott found a new apartment, but even that security deposit was too much. With time ticking and hope dwindling, he reached out to Catholic Charities NH.

Our caseworker connected Scott to resources that helped with the deposit, negotiated a lower deposit, and, thanks to donors, covered the remaining balance.

For Scott's family, this wasn't just about filling a financial gap. It was the difference between a warm roof over their heads or a cold, crowded vehicle unfit for living.

Rebecca is now back to work, and Scott is seeking part-time work to ease any future financial pressure. The children are excited to go back to school and love spending time at the playground they just discovered down the street. Most of all, Scott is grateful to Catholic Charities NH for being the guiding light when all seemed lost.

A family transformed, all thanks to donor support – proof that goodwill can make amazing things happen.



Connect with CCNH Through Text Messaging

You can now receive exclusive mission moments and inspiring stories through text messaging!

Visit cc-nh.org/texting to sign up!



Event Updates

Mardi Gras

The highlight of winter is back! CCNH's **19th Annual Mardi Gras Gala** returns to Manchester on **Saturday, February 22**.

Join us for a fun night of dancing, entertainment, a chance to win amazing trip giveaways and many other surprises.

Check out <u>cc-nh.org/mardigras</u> to see how you can get in on the fun!

Teeing Off For Families

The **3rd Annual Mulligans for Moms Golf Tournament** on September 16th was a sensational day from start to finish! More than 31 teams of golfers enjoyed a beautiful, competitive day at Breakfast Hill Golf Club in Greenland, swinging away in support of our New Generation program.

The event raised over \$38,000, a substantial boost that will directly benefit mothers and children transitioning from homelessness to permanent housing and stable new beginnings.

Grant Recognition

Thank you to the following organizations that recently awarded grants to support CCNH's programs:

- Alice J. Reen Charitable Trust
- City of Portsmouth
- Department of Homeland Security FEMA
- HyperTherm HOPE Foundation
- Lighthouse Credit Union
- Marion C. Cohen Trust

- Nordson Corporation Foundation
- Pulte Family Charitable Foundation
- Town of Hampton
- Town of Merrimack
- Vermont Mutual Insurance Group Charitable Giving Fund

Your Legacy

Make a lasting impact by naming Catholic Charities NH in your will or estate plans. For more information contact Karen Moynihan at <u>603-669-3030</u>.



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The Many Ways Your Year-End Gift Matters

As the demand for programs and services continues to increase, your year-end gift matters more than ever for those we serve. This includes:

- **Janet**, a single mother of two, who is ridden with anxiety in her search to find stable housing for her and her children.
- **Robert**, a combat veteran who has triumphed over substance abuse and is still working tirelessly to regain his sense of purpose.
- Linda, a recent widow who is confined to her home and has no one to rely on for transportation to her critical medical appointments.
- **Stephanie**, who is grappling with anxiety and depression, feeling hopeless as she can't afford the mental health counseling she urgently needs.

For Janet, Robert, Linda, Stephanie, and so many others, your year-end gift has the power to bring light into their lives this holiday season. Your generosity serves as a beacon of hope, a reminder that they are not alone in their hardship.

Ninety-four cents of every dollar directly funds our programs and services.

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