



Sowing Seeds of Change

How Donors Cultivated a Mother's Path to Growth & Stability

Flowers bloomed across nearly an acre of vibrant gardens as Hannah reflected. This expanding scene of color and growth symbolizes more than her love for gardening and nature – it mirrors her own journey of growth and resilience, from a mother on the edge of homelessness to one brimming with hope and determination.

While Hannah nurtured her garden, donors like you planted the seeds that transformed her life and the future of her two small children, Charlie and Isabel. In her case, these seeds came through New Generation, the Catholic Charities NH program that provides shelter and support to help mothers like her move on from homelessness and gain permanent housing.

After escaping a tumultuous home environment, Hannah found more than just a safe place at New Generation. She received case management, life-skills coaching, and financial literacy training while working with staff to rebuild her life.

She got her car repaired, which had kept her from taking the kids to appointments and activities. She regained her physical health after a series of medical issues and worked with staff to find a local early education provider for her children. And with the support of New Generation, she and her children moved into their own apartment, beginning a path she once thought impossible.

Without the generosity of New Generation's supporters, Hannah's story could have taken a far different turn. "Last year, my life felt like it was built on a foundation of broken rocks," she shared. "But now, New Generation and its supporters poured the concrete for the solid foundation beneath me that I can build my life upon."

Your support of Catholic Charities NH lifts up mothers like Hannah, helping them create stable homes and brighter futures for their children.

Blessed to Deliver & Serve

How personal experience drives one volunteer

Ernesto Pinder volunteers for CareGivers' Caring Cupboard program, where he delivers monthly groceries to homebound seniors facing food insecurity – an issue that was prominent in his childhood.

What drew you to volunteer delivering food to seniors?

Growing up, we had very little money. We relied on food pantries for Thanksgiving or as a way to stretch the budget to have enough to eat. This is personal for me. This is food that these seniors need to live, so volunteering is an opportunity for me to give back.

How much time do you put into this?

I volunteer one day a month and make five or six deliveries in a couple of hours. It's the best two hours you'll ever spend – light impact on your schedule, but a huge impact on the people you're serving.

What are some keys to being an impactful volunteer?

This is an opportunity to bring groceries and to provide social interaction. Many regularly face isolation, with limited activity outside the house or with family, so we can serve in that capacity too.

It's about perspective. Whatever challenges we face, somebody always has it worse. We have to want to make a tangible impact now, not down the road. Do what we can today for those who need help.

Why should someone consider volunteering for CareGivers?

You're helping people in a situation that seems insurmountable. They're having to make really tough decisions, like choosing between groceries and medication. Just thinking about that brings about so much stress. CareGivers fills that void and I'm just blessed to be a part of that.

Interested in joining Ernesto as a Caring Cupboard volunteer, or experiencing other rewarding volunteer opportunities for other Catholic Charities NH programs? Visit cc-nh.org/volunteer.



CCNH Breaks Ground on Affordable Housing Project

The shovels hit the ground for a historic day on October 2, with the groundbreaking for the first phase of Vose Farm Residences, a new mixed-income housing development in Peterborough.

Scheduled to open in 2026, Vose Farm Residences marks Catholic Charities NH's first real estate development initiative, paving the way for similar projects to bring much-needed housing to the state. It will feature modern amenities, community meeting spaces and on-site supportive services for residents.

Don't Miss the Mardi Gras Gala!

The **2025 Mardi Gras Gala** is just around the corner on February 22 at the DoubleTree by Hilton in Manchester! Join us for an unforgettable night full of celebration, excitement and, most importantly, giving back.

Top 5 reasons you won't want to miss this spectacular evening:

1. Get ready to bid on dream vacations, exclusive sports tickets and one-of-a-kind experiences. A trip around the world, anyone? How about sitting a few feet away from Jayson Tatum on the Garden Parquet? You can have it all, but you'll need to be there to make your bid count!
2. Back by popular demand, emcee Mike Morin will bring the laughs and keep the evening's energy high.
3. Got the moves? We've got the grooves. Warning: once you start dancing, it's nearly impossible to stop.
4. This is the perfect opportunity to connect with other supporters who are passionate about making a difference in New Hampshire.
5. Most importantly, the proceeds from this event support our neighbors in need right here in New Hampshire. Your attendance directly contributes to helping families facing hardship and crisis across the state. Mardi Gras is an evening of fun, but it's also an evening that changes lives.

Join us for an unforgettable evening! Purchase your tickets before January 31 to be entered into the Zwazo Bone Raffle.

Secure your tickets today

cc-nh.org/mg25



Grant Recognition

Thank you to the following organizations that recently awarded grants to support CCGH's programs:

- BAE Systems
- Citizens Charitable Trusts
- Eastern Bank Foundation
- Ella T. Anderson Trust
- HyperTherm HOPE Foundation
- Lighthouse Credit Union
- Nashua Citizens Advisory Commission for Community Grants
- Ray & Kay Eckstein Charitable Trust
- Service Credit Union/Robert Irvine Foundation
- Swim With A Mission

Your Legacy

Make a lasting impact by naming Catholic Charities NH in your will or estate plans. For more information contact Karen Moynihan at **[603-669-3030](tel:603-669-3030)**.



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A Grandmother Grateful for Your Compassion

Martha is the kind of grandmother anyone would be fortunate to have. At nearly 70, and juggling the challenges of diabetes and living on a fixed income, she selflessly opened her small home to care for two young grandchildren and a niece when their parents could no longer do so.

Martha did all she could to make the home as loving as possible, despite limited resources. While food assistance and government programs provided some relief, it was still a struggle to meet the needs of her growing household. The children lacked warm clothes for the looming New Hampshire winter, and the propane tank that heated their home was nearly empty. Overwhelmed but determined, Martha turned to Catholic Charities NH.

Through our Community Services program, Martha received a voucher for a local thrift shop, where the children joyfully picked out coats and hats. We also worked with the propane company to keep her home heated through the winter.

As she continues to adjust to her new situation, we continue supporting Martha with financial literacy and budgeting skills to ease her burden.

Your support of Catholic Charities NH empowers families like Martha's to overcome life's toughest challenges with hope and resilience.

